# **CURRICULUM VITAE**

## PERSONAL PROFILE

| Name                 | DR. ATUL LUTHRA  |
|----------------------|--|
| Date of Birth        | 5th July, 1959   |
| Age                  | 62 years Male  |
| Residence            | House No.142 First floor<br>A-Block Greenwood City<br>Sector 45 Gurugram, Haryana<br>PIN:122003 TEL: 0124-2587142  |
| Mobile No.           | 98110-55500  |
|                      |  |
| E-Mail ID            | dratulluthra@gmail.com   |
|                      | atul.luthra@fortishealthcare.com   |
| Website              | www.atulluthra.in  |
| PROFESSIONAL PROFILE |  |
| Qualifications       | M.B.B.S., M.D., D.N.B.   |
| Designation          | DIRECTOR & HEAD OF DEPARTMENT<br>Diabetes, Metabolic diseases & Endocrinology<br>FORTIS C-DOC <b>FMRI</b> GURUGRAM |
| Registration Numbers | Delhi Medical Council (DMC) 2488   |
|                      | Haryana Medical Council (HMC) 3950   |

| Life-Memberships | Delhi Diabetic Forum (DDF)                                 |
|------------------|--|
|                  | Delhi Medical Association (DMA)                            |
|                  | Cardiology Society of India (CSI)                          |
|                  | Association Physicians of India (API)                      |
|                  | Research Society for Study of<br>Diabetes in India (RSSDI) |
|                  | Geriatric Society of India (GSI)                           |

# QUALIFICATIONS

| EXAM PASSED | INSTITUTION                    | YEAR |
|-------------|--------------------------------|------|
| AIHS        | St.Xavier's School,Jaipur      | 1976 |
| MBBS        | Medical College, Amritsar      | 1981 |
| MD (Med.)   | Medical College, Amritsar      | 1985 |
| DNB (Med.)  | National Board of Examinations | 1991 |

#### EXPERIENCE

| DESIGNATION                               | INSTITUTION                          | P        | PERIOD   |
|---|--------------------------------------|----------|----------|
|   |                                      | FROM     | ТО       |
| Senior Resident                           | Sir Ganga Ram Hospital, Delhi.       | Mar., 86 | Mar., 87 |
| Registrar Medicine                        | Lady Harding Medical College, Delhi. | Mar., 87 | Mar., 90 |
| Medical Advisor                           | Ranbaxy Laboratories Limited, Delhi  | Apr., 90 | Oct., 91 |
| Clinical Consultant                       | Luthra Medical Centre & Hospitals    | Oct., 91 | Dec., 06 |
| Senior Consultant                         | Fortis Hospital, Vasant Kunj, Delhi  | Jan., 07 | May., 08 |
| Senior Consultant & HOD Internal Medicine | Paras Hospital, Sushant Lok, Gurgaon | June.,08 | Aug.,09  |

## AWARDS RECEIVED

"RASHTRIYA RATTAN AWARD" and Certificate of Excellence in Medical Science by "International Study Circle."

"COEUR D'OR" (Heart of Gold) AWARD and Certificate of Excellence for "Philanthropy in Cardiology".

"ARCH OF EXCELLENCE (MEDICARE)AWARD " Individual Achievements and Nation Building

# ACADEMIC INTERESTS

## **Orator at Conferences**

Spoken on Diabetes, Hypertension, Dyslipidemia & Preventive Cardiology at State-Level Medical Conferences (DMA, DDF, API Delhi Chapter)

## **Medical Journalist**

Published original articles in prestigious journals

National: IJCP, Medicine Update & DMA Bulletin

International: Lancet, Diabetes Therapeutics

## Author of Books

Medical Books for students & clinicians:

ECG Made Easy

ECHO Made Easy

Tips & Tricks Cardiology

50 Cases in Clinical Cardiology

Educational Series for patients & public:

You and Your Blood Pressure

You and Your Heart

**Definitions and Quotations** 

# Teaching Faculty and Examiner

Certification Course in Diabetes

by FORTIS C-DOC along with

British Medical Journal (BMJ) & Royal College of Physicians

# **International Publications**

| The Marketing of Unproven Drugs<br>for Diabetes and Dyslipidemia in<br>India        | The LANCET Volume 3 Oct 15     |
|---|--------------------------------|
| Alternative Medicines for Diabetes in<br>India: maximum hype and minimum<br>science | The LANCET Volume 4 Apr 16     |
| Rising Costs of Drug and Insulin  | Diabetes Technology &          |
| Treatment for Diabetes: a   | Therapeutics (D T&T);          |
| perspective from India  | Vol 19; No 12, 2017            |
| Escalating cost of antidiabetic drugs:  | Diabetes & Metabolic syndrome: |
| a perspective from India and other  | clinical research and reviews  |
| developing countries  | 14 (2020) 167-169              |